

## SINUSALTS 30ML

### PACKAGE INSERT

### SCHEDULING STATUS

Unscheduled

### PROPRIETARY NAME AND DOSAGE FORM

SINUSALTS  
Nasal Spray 30ml  
(Metered Spray)

### COMPOSITION:

Natural Sea Salt 216mg

Hepar Sulph 30CH

Kali Bichromicum 30CH

Pulsatilla 30CH

### Preservatives:

Potassium Sorbate 0.05%

Sodium Benzoate 0.1%

### PHARMACOLOGICAL CLASSIFICATION

D.16.1 Complementary  
Medicine-Homeopathic,  
Nasal Decongestant

### PHARMACOLOGICAL ACTION

The exact mechanism of  
action of saline nasal  
irrigation is not known.  
It works by rinsing and  
moisturising the nostrils.

### INDICATIONS:

Indicated as an aid to assist  
in relieving symptoms of  
Sinusitis and Postnasal Drip,  
dry or irritated  
nasal passages.

### CONTRA-INDICATIONS:

Known hypersensitivity to  
any of the ingredients.  
No specific interactions are  
known at this time.

### WARNINGS & SPECIAL PRECAUTIONS:

People with hypertension  
should only use this product  
after consultation with their  
healthcare practitioner.  
Do not use saline spray if you  
are allergic to any ingredient.  
Use as a nasal spray only.  
Not to be taken orally.  
Avoid spraying into eyes.

### PREGNANCY AND

#### LACTATION:

If you are pregnant or  
breastfeeding, you should  
consult your healthcare  
practitioner before using this  
product.

### DOSAGE & DIRECTIONS FOR USE:

2-4 Sprays in each nostril.  
Children half the dosage.  
Remove cap, carefully place  
nozzle tip loosely into the  
nostril, depress the spray  
mechanism, and sniff.  
Repeat the process for the  
other side/nostril. Blow your  
nose and repeat if necessary.

### INTERACTIONS:

None known.

### SIDE EFFECTS

If the inside of the nose is  
dry and irritated, stinging  
may occur when nasal spray  
is used.

### KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF TREATMENT:

No known symptoms of

overdosage. In the event  
of suspected overdosage,  
consult your doctor or  
pharmacist. If neither is  
available, seek help at the  
nearest hospital or poison  
control centre. Treatment is  
symptomatic and supportive.

### IDENTIFICATION

Clear, colourless solution with  
a faint odour.

### PRESENTATION

30ml Metered Spray Bottle.

### STORAGE INSTRUCTIONS

Store below 25°C, protect  
from sun light.

Keep out of the reach  
of children.

### REGISTRATION NUMBER

To be allocated

### NAME AND ADDRESS/ EMAIL ADDRESS OF APPLICANT ORALINK CC

18 Middle Road,  
Morningside, 2196  
PostNet Suite 745  
Private Bag, X9,  
Benmore, 2010  
Tel no: 011 783 4459  
oralink@mweb.co.za

### DATE OF PUBLICATION OF THIS PACKAGE INSERT

January 2014

**NOTE:** This medicine has  
not been evaluated by the  
Medicines Control Council.  
This medicine is not intended  
to diagnose, treat, cure or  
prevent any disease.

## **SINUSALTS 30ML VOUBILJET**

### **SKEDULERINGSTATUS**

Nie geskeduleer nie.

### **EIENDOMSNAAM EN DOSEERVORM**

SINUSALTS  
Nasal Spray 30ml  
(Metered Spray)

### **SAMESTELLING:**

Natuurlike Seesout 216mg

Hepar Sulph 30CH

Kali Bichromicum 30CH

Pulsatilla 30CH

### **PRESERVEERMIDDELS:**

Kaliumsorbaat 0.05%

Sodium Benzoaat 0.1%

### **FARMAKOLOGIESE KLASSIFIKASIE**

D.16.1 Komplementêre  
Medikasie-Homeopathic  
Nasale dekongestant.

### **FARMAKOLOGIESE AKSIE**

Die presiese meganiese  
werking van nasale spoel  
deur 'n soutoplossing is  
onbekend. Dit werk deur die  
spoel en bevogtiging van die  
neus kanale.

### **INDIKASIE:**

As hulpmiddel om die  
verligting van simptome van  
sinusitis en Post-nasale drip,  
droë of geïrriteerde neus  
kanale te bewerkstellig.

### **KONTRA-INDIKASIES:**

Hipersensitiwiteit vir enige  
van die bestanddele.  
Spesifieke interaksies is nie op  
die stadium bekend nie.

### **WAARSKUWINGS EN SPESIALE**

#### **VOORSORGMATREËLS:**

Mense met Hipertensie mag  
slegs die produk gebruik na 'n  
geneesheer geraadpleeg is.

Moet nie die neussproei  
gebruik indien u allergies  
is vir enige van die  
bestanddele nie. Gebruik as  
neussproei alleenlik. Nie vir  
orale gebruik nie. Vermoed  
besproeiing in die oë.

#### **SWANGERSKAP EN LAKTASIE:**

As u swanger is of borsvoed,  
raadpleeg eers u geneesheer  
voor u die produk gebruik.

#### **DOSIS &**

#### **GEBRUIKSAANWYSINGS:**

2-4 Sproeie in elke  
neuskanaal. Kinders halfeer  
die dosis. Verwyder doppie,  
plaas die punt van die tuit  
versigtig in die neus kanale,  
druk die sproeimeganisme, en  
snuif. Herhaal die proses in  
die ander neus kanale. Snuif u  
neus en herhaal indien nodig.

#### **INTERAKSIES:**

Geen bekend nie.

#### **NEWE EFFEKTE:**

Indien die binnekant van  
die neus kanale droog en/  
of geïrriteerd is, mag die  
neussproei steek of prik.

#### **BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN BEHANDELING DAARVAN:**

Daar is geen bekende  
simptome van oordosering

nie. In 'n vermoedelike geval  
van oordosering, raadpleeg  
u geneesheer of farmakoloog.  
Indien beide nie beskikbaar is  
nie, besoek u naaste hospitaal  
of gifbeheersentrum.  
Behandeling is simptome  
en ondersteunend.

#### **IDENTIFIKASIE**

Helder, kleurlose oplossing  
met 'n ligte reuk.

#### **AANBIEDING**

30ml Afgemete Sproei Bottel.

#### **BERGINGSINSTRUKSIE**

Berg in 'n koel, droë plek -  
benede 25°C. Beskerm teen  
lig. Hou buite bereik van  
kinders.

#### **REGISTRASIENOMMER**

Moet aangewys word

#### **NAAM EN ADRES/E-POS VAN APPLIKANT ORALINK CC**

18 Middle Straat,  
Morningside, 2196  
PostNet Suite 745  
Privaat Sak, X9,  
Benmore, 2010

Tel no: 0117834459  
oralink@mweb.co.za

#### **DATUM VAN PUBLIKASIE VAN HIERDIE VOUBILJET** Januarie 2014

#### **NOTA:**

Hierdie medikasie is nie deur die  
Medisynebeheerraad ge-  
evalueer nie.  
Hierdie medikasie is nie vir  
diagnose, behandeling of  
voorkoming van enige siekte  
of kwaal nie.